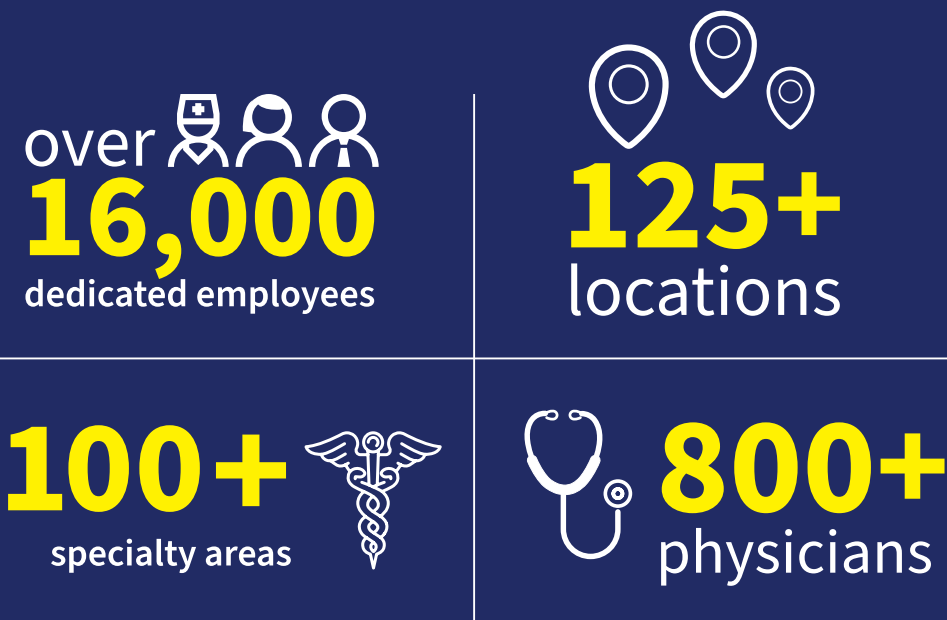




ALBANY MED Health System

With you for  
**EVERYTHING.**

2022 ANNUAL REPORT



**Four Hospitals, One Children's Hospital,  
One College, and the Visiting Nurses**



When looking back at 2022, it's easy to see our mission—improving health by attaining the highest standard of quality in care, research, and education—in everything we have done. It is also clear that we are in a time of transition when it comes to how that mission is achieved throughout the Albany Med Health System.

The past year saw the next phase of the Covid-19 pandemic. Our youngest patients began receiving vaccinations. As a System, we continued to take steps to provide the wide range of services our patients come to us for, some of which were not available during the darkest days of 2020 when strict regulations were put in place to protect public health during the pandemic's most severe days.

We've made substantial progress in our efforts to reinvest in our workforce. Across our campuses, the past year saw an unprecedented effort to invest in the people who tirelessly and selflessly give of themselves to elevate care in our region. We are seeing the benefits of these efforts as we seek to ensure that our workforce feels valued and appreciated. At the same time, our recruitment of new talent—whether it be at the beginning of their career or those who feel a connection to our mission—has been strategic, smart, and deserves recognition.

Across the nation, 2022 brought financial challenges to health care organizations. Some did not withstand the weight of those pressures. As the region's only locally governed health system, the decisions we have made, and are making, in response to those challenges are happening right here at home. Guided by our mission, vision, and values, we have set in motion financial strategies that seek to not only stabilize our operations but also put us on a path that will take the Albany Med Health System to new heights.


In the past year, we saw some of our most influential leadership step away from their roles. Others have transitioned into roles where they will shape the future of care, research, and education for our System. New faces have joined us, bringing expertise and decades of experience that have already proven to be invaluable in our efforts to address our most pressing needs.

Our commitment to the communities we have served for more than a century is unwavering. We are showing that in clinical and non-clinical settings from the North Country to the Hudson Valley. We are telling that story through a successful marketing campaign, through the services we provide, and in the connections we make with our colleagues, neighbors, friends, and families each day.

For the first time, we are proud to highlight that commitment in an Annual Report for the entire Albany Med Health System. Thank you for your support, commitment, and trust as we work to improve lives and meet the needs of our region.



Dennis P. McKenna, MD '92  
President and Chief Executive Officer  
The John D. Picotte Family  
Distinguished Chair of Leadership



Robert T. Cushing  
Chair, Board of Directors



# Looking Toward the Future



## Leaders Bring Vision, Expertise to Roles

As a locally governed health system, the leaders of our campuses play a significant hands-on role in not only driving decisions related to our day-to-day operations and challenges, but also as visible and recognizable figures for our dedicated workforce. The departure and retirement of some of the System’s most influential leadership in 2022 created opportunities for new leaders ready to inject their clinical, business, and organizational leadership skills. Their dedication to our patients and staff is unquestioned. They are tireless advocates for their individual campuses, and together, we are shaping the future of the Albany Med Health System in areas of patient care, education, and research.

**Dennis P. McKenna, MD '92**  
*President and CEO*  
*Albany Med Health System*



### ALBANY MEDICAL CENTER

**Peter G. Paige, MD**, was named the Executive Vice President and Hospital General Director of Albany Medical Center. Dr. Paige oversees employees of the Medical Center’s 766-bed hospital and manages Medical and Regulatory Affairs, Nursing, Ambulatory Services, Hospital Ancillary Services, and Emergency Management.

Trained as an emergency medicine physician, Dr. Paige most recently served as Executive Vice President, Chief Physician Executive, and Chief Clinical Officer of Jackson Health System in Miami, where he oversaw the Chief Medical Officers of each hospital within the system. Dr. Paige helped to achieve marked reductions in health care acquired infections, peri-operative service delays, and Emergency Department throughput delays throughout the health system. He was also instrumental in building a successful physician leadership infrastructure across the system.



### ALBANY MEDICAL COLLEGE

**Alan Boulos, MD '94**, a long-time neurosurgeon, was named the Lynne and Mark Groban, MD '67 Distinguished Dean of Albany Medical College in May. He is the 18th dean of the college, succeeding Vincent P. Verdile, MD '84, who received the honorary title of dean emeritus at the end of 2021.

Dr. Boulos was named the chief of the Albany Medical Center Division of Neurosurgery in 2009 and was named the inaugural chair of the Department of Neurosurgery in 2013. He is the Herman and Sunny Stall Chair of Endovascular Surgery, the founding director of neurovascular surgery services, and a professor of neurosurgery and radiology. Dr. Boulos has performed some of the most advanced neurosurgical and minimally invasive procedures available, specializing in the surgical and endovascular management of brain and spine disorders.



### COLUMBIA MEMORIAL HEALTH

**Dorothy M. Urschel, DNP**, who previously served as Columbia Memorial Health’s chief operating officer, was named the new president and CEO, succeeding Jay P. Cahalan, who retired at the end of 2022.

Since entering the CMH family in 2020, Dr. Urschel has played an integral role in the hospital’s Covid-19 response, recruitment efforts, and financial strategy. She has also been a leading voice for the implementation of a unified electronic medical record and enterprise resource planning process at CMH facilities.

Dr. Urschel brings an extensive background of direct patient care and administrative leadership to her new role. She previously served as vice president of cardiac and vascular services for St. Peter’s Health Partners, and as vice president and chief nursing officer at Albany Memorial Hospital.



### GLENS FALLS HOSPITAL

**Paul Scimeca**, who has served Glens Falls Hospital for three decades, was named the hospital’s president and CEO after serving in an interim role. Scimeca joined Glens Falls Hospital in 1989 as communications manager. He subsequently held positions of increasing responsibility, leading to his appointment in 2015 as senior vice president and chief operating officer.

Scimeca is well-versed in all operations on and off the Park Street campus. He serves on the boards for the Adirondack Health Institute and the Iroquois Healthcare Association, and is an active member of the American College of Healthcare Executives.

Scimeca is a member of the adjunct faculty of the David D. Reh School of Business at Clarkson University.



### SARATOGA HOSPITAL

**Jill J. VanKuren** was named president and CEO of Saratoga Hospital, succeeding Angelo Calbone, who retired in August 2022. Previously the senior vice president of operations and chief operating officer at MedStar Franklin Square Medical Center in Maryland, she brings invaluable experience regarding the strengths of a health system as it serves local communities.

Throughout her career, VanKuren has excelled in a variety of high-profile strategic planning, business development, and operational roles. She is a member of the advisory board of Women in Healthcare and has previously served on the behavioral health advisory group of the Maryland Hospital Association and on the board of the National Alliance for Mental Illness Metropolitan Baltimore.



### VISITING NURSES

**Samantha DiCicco, RN**, was named chief executive officer of the Visiting Nurses Association of Albany, bringing more than 25 years of home care and executive leadership experience to the role. DiCicco was previously the chief executive officer of the Visiting Nurses Association of South Central Connecticut and executive director of Home Health at Yale New Haven Health System, the largest health system in Connecticut. While there, she implemented an electronic medical record through Epic for several agencies.

Having started her career as a home care nurse, DiCicco leads with a patient-first approach, and brings extensive experience and firsthand knowledge of patient populations, needs, and challenges.

# United Through the Albany Med Health System

2022-2024  
Strategic Plan



With you for  
**EVERYTHING.**

Albany Medical Center  
Albany Medical College  
Columbia Memorial Health  
Glens Falls Hospital  
Saratoga Hospital  
Visiting Nurses

Four hospitals. The Visiting Nurses.  
A medical college. The region's only  
children's hospital. Leading-edge research.  
The most medical specialties.  
  
One team working together,  
so you can do anything.

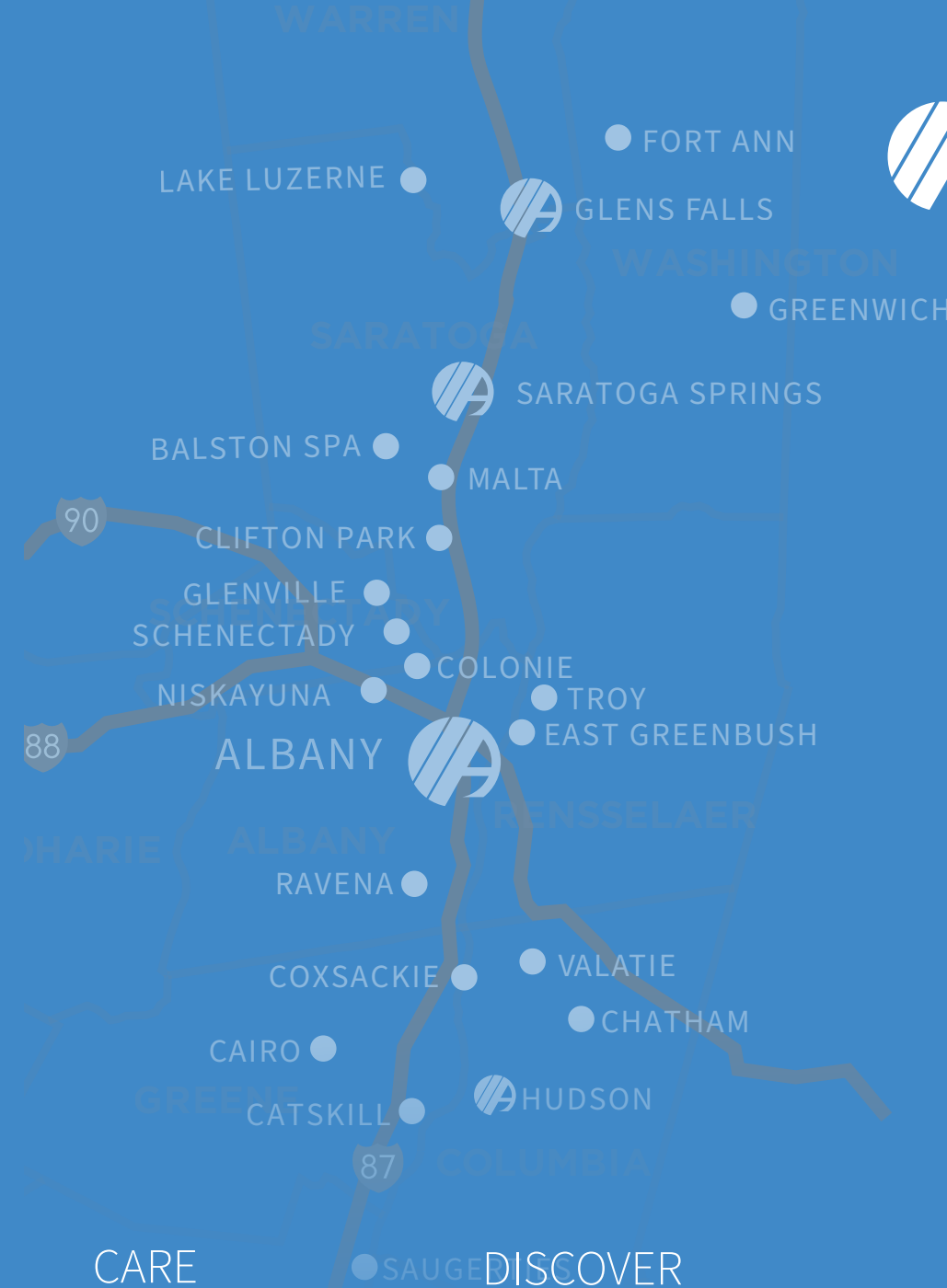
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*Each member in the System  
has a proud tradition of  
serving communities in  
our region for more than  
a century.”*

—Dennis P. McKenna, MD '92  
President and Chief Executive Officer  
The John D. Picotte Family  
Distinguished Chair of Leadership

## Albany Med Health System Unifies Under One Brand

Albany Medical Center, Albany Medical College, Columbia Memorial Health, Glens Falls Hospital, Saratoga Hospital, and the Visiting Nurses share a common visual identity anchored by the Albany Med Health System name and logo. A large-scale public advertising campaign, in conjunction with internal messaging at each campus, successfully promoted the mission of the System in a recognizable and straightforward way to employees and the region.



CARE

DISCOVER

EDUCATE







## Unifying Business, Clinical Operations Through Care One

The Albany Med Health System is building one unified enterprise resource planning process (ERP) and one electronic medical record (EMR).

Work began in March 2022 on the ERP, which will operate through Workday, a cloud-based platform that will house the System's finance and supply chain management operations. This platform is already being used at Albany Medical Center for human resources and payroll processes. Workday will provide a single source of truth for business practices such as billing and invoice policies and supply ordering across the System, combining what is currently being handled by five independent programs.

The health system's integrated EMR will be hosted by Epic, a renowned EMR platform used by health care organizations across the globe. Epic will streamline clinical operations and replace many of the current independent EMR systems being used

at our hospitals and practice locations. As a result, patients will have a single, easily accessible record that follows them no matter where they receive care in the System. Epic will also allow System clinicians to communicate across locations more efficiently and share the most up-to-date patient information.

Both projects are being led by those who are most familiar with the care and services we provide to our patients and community: Albany Med Health System staff. The ERP, which is in the testing phase, is scheduled to go live at Albany Medical Center, Columbia Memorial Health, Glens Falls Hospital, and Saratoga Hospital in 2023. Epic will go live first at Albany Medical Center in March 2024, followed by Columbia Memorial Health, Glens Falls Hospital, and Saratoga Hospital in September 2024.

**3 million people**  
in a **25-county**  
service area

**The region's only**

- › Academic Medical Center
- › Children's Hospital
- › Level I Trauma Center
- › Pediatric Emergency Department

**49,000** surgical cases  
**182,000** ED visits  
**2.6 million** outpatient visits



## Healing and Home Visiting Nurses Role in Systemwide Care

Each of the hospitals of the Albany Med Health System, along with Albany Medical College, has served their community for more than a century. The Albany Med Health System Visiting Nurses, which joined the System in 2022, is no different, with its beginnings dating back to 1880. The organization was initially founded as an agency that cared for those who could not afford care in a hospital or from a doctor.

As the newest member of the System, the Visiting Nurses' mission and vision align with that of its hospital partners, providing the highest standard of quality in care delivery and in serving the needs of our communities. The agency provides nurses, rehabilitation therapists, social workers, home health, and other services to patients across 11 counties.

In 2022 alone, the Visiting Nurses made over 43,000 skilled visits, and the

Visiting Nurses Home Care provided approximately 412,00 hours of personal care aid. This included services provided by registered nurses in areas of cardiopulmonary diseases, diabetes, and infusion therapy. Through collaboration across the Albany Med Health System, many patients who may have previously received treatments in hospitals are now receiving them at home.

"One clear example of our impact is for patients who can receive IV medication required to treat their illness while remaining home, where they are more comfortable," said Visiting Nurses CEO Samantha DiCicco, RN. "This helps with healing and to alleviate stress patients may feel when admitted to the hospital."

A clinical case manager at the Visiting Nurses coordinates services and programs for patients under the direction of a physician's orders.



## Recruitment and Retention Remained Priorities in 2022

Recruitment and retention remained a top priority throughout the System. Our teams implemented proactive strategies to address staffing challenges that have never been seen before in the health care sector. Each of these efforts align with our overall belief—that a strong, dedicated, and engaged workforce is our System’s greatest asset.

Collaboration is fueling these efforts. Human

resources departments at each hospital are consistently discussing and evaluating staffing levels, trends within the industry, and best practices.

The Albany Med Health System remains committed to investments in our workforce. Competitive salaries, benefits, and wellbeing offerings are just some of the valuable retention tools that are countering the large numbers of skilled health care workers who

left the industry during the pandemic.

Innovative ideas, such as the creation of the Albany Med Health System Staffing Alliance, are helping us move in the direction of sustainable staffing levels. The growth of partnerships with local colleges and universities, nursing programs, and community organizations has increased interest in those who want to explore a career within our System.



## A Model for System Collaboration



Providing the highest level of patient care is at the center of the Albany Med Health System’s mission.

The recent establishment of the Albany Med Health System Transfer Center aims to meet that mission while using a strength of the System to address a pressing issue.

“All the hospitals within the Albany Med Health System get multiple calls every day from across the region,” said Diane Gaylord, RN, director of access capacity and demand management at Saratoga Hospital. “Previously, there was no way to organize those calls on a Systemwide basis and prioritize by patient condition and need.”

Nursing and physician leaders from each System hospital determined that a single transfer center would benefit not only hospitals and other facilities looking to transfer patients, but also the System hospitals accepting those patients.

The establishment of the Transfer Center expedites the process and gets patients to the care they need by allowing real-time information on bed capacity to be communicated. “We report the number of beds available every day,” Gaylord said, “and determine which open bed is the best match for each patient. That keeps patients from waiting for treatment at one facility if they can get it immediately at another.”

For example, a Saratoga Hospital patient with a serious injury can be transferred to Albany Medical Center for care, while another patient recovering from

routine surgery can receive care at another hospital within the System that may be closer to their home.

“We’ve seen an increase in patients who go to Albany Medical Center for a procedure and return to Columbia Memorial the same day,” said Stephanie Hisgen, RN, chief nursing officer and vice president of patient and clinical services at Columbia Memorial Health. “It’s a great benefit to our patients, who can recover near home with confidence that we can provide them with the post-procedure care they need.”

Gaylord works closely with colleagues Hisgen, Amanda Wing, nurse manager, logistics center and float pool at Glens Falls Hospital; Lin Murray, manager of the System Transfer Center; and Ashley Telisky, DO, medical director of the System Transfer Center. Physician leaders from each System hospital provide their knowledge and expertise to determine the best course of treatment and transfer options for a patient.

“Having a centralized hub allows us to determine which hospital is best for each patient based on their needs, and we’re able to provide more information to the other facilities than we were before,” Wing said.

The early successes are a tribute to each hospital and the role each plays in their respective community.

“Our patients trust us,” Dr. Telisky said. “They know we’re all here for the same reason: to provide access to the high-quality care they need.”



# AI Benefits Stroke Patients Across the System

*Groundbreaking technology, accessible at System hospitals, is making a difference for patients in need of critical care*

It wasn't how Joseph and Rosemarie McFadden expected to spend their 41st anniversary. Awoken to find Joseph moaning painfully, it didn't take Rosemarie, a nurse, long to recognize he was experiencing a stroke.

She dialed 911 and waited for an ambulance to arrive to transport him to Glens Falls Hospital.

Although the couple's goat farm in the Adirondack town of Johnsburg is 77 miles from Albany Medical Center, the closest Comprehensive Stroke Center, innovative software throughout the Albany Med Health System helped ensure that Joseph received the care he needed as quickly and efficiently as possible.

The System was the first in northeastern New York to apply the *Viz.ai* computer-aided triage system to help facilitate early access to

the most advanced stroke care for patients at each of its hospitals.

When a patient who is suspected of having a stroke arrives at the hospital, a computed tomography (CT) angiogram is performed to assess blood flow to the brain. When the software detects a large vessel occlusion (LVO)—a type of stroke caused by blockage to one of the major arteries and having a greater risk of death or long-term disability—stroke specialists across the System are alerted immediately on their phones, allowing them to chat through the cloud-based platform in real time to plan for appropriate treatment or transfer of care to Albany Medical Center.

Alexandra Paul, MD, assistant professor of neurosurgery at Albany Medical Center, received the alert on her phone when the software detected a LVO on Joseph McFadden's CT angiogram at Glens Falls Hospital.

"We determined that Joseph was a candidate for endovascular intervention. Our residents immediately called the Access Center to facilitate his transport to Albany Medical Center," she said.

Dr. Paul is one of four endovascular neurosurgeons at Albany Medical Center trained to perform mechanical thrombectomy—the "gold standard of stroke treatment"—to remove clots and restore blood flow to the brain, increasing the likelihood of a better quality of life after stroke.

"The software eliminates delay," explained Dr. Paul. "It's now instantaneous."

Rosemarie, who accompanied her husband in the ambulance to Albany Medical Center, was amazed by how quickly after his arrival that Dr. Paul was able to complete the procedure to relieve the blockage.

"Between the time I found him to the time Dr. Paul was done, it was about six hours," she said. "From the Emergency Department at Glens Falls Hospital, to radiology, to the neurosurgeons at Albany Medical Center, it was truly miraculous how quickly they acted."

The 73-year-old regained his movement within the next 48 hours and is now back at work tending to their farm. Dr. Paul says the outcome would likely have been different had he not received care so quickly.

"Every second counts with a stroke. It's likely that if a patient is not cared for in time, they are no longer a candidate for the procedure and we are unable to reverse their stroke symptoms," said Dr. Paul.

According to research conducted by Nicholas Field, MD, a neurosurgical resident, transfer times for stroke patients to Albany Medical Center from partner hospitals using *Viz.ai* software have decreased by an average of 37 minutes.

The technology is now used by other community hospitals throughout the Capital Region.

"This time savings can be the difference between a disability-free life or stroke," said Dr. Paul.

"The availability of the new stroke software here at Glens Falls Hospital has been a game changer for our physicians and patients now collaborating with our colleagues across the System," said Jon Braiman, MD, stroke medical director at Glens Falls Hospital. "We are identifying candidates for acute stroke intervention more efficiently and quickly which means better outcomes."



## Stroke Care Across the System

Albany Medical Center holds an advanced certification from The Joint Commission as a Comprehensive Stroke Center. Columbia Memorial Health, Glens Falls Hospital, and Saratoga Hospital all hold Primary Stroke Center designations from New York State. Collaboration and immediate connections to treatment across the System mean patients are receiving the highest level of stroke care, resulting in better health outcomes.

“Every second counts with a stroke.”

—Alexandra Paul, MD, Neurosurgeon



## Breast Care Center Receives National Accreditation

The National Accreditation Program for Breast Centers (NAPBC), a quality program administered by the American College of Surgeons (ACS), granted accredited status to Albany Medical Center's Breast Care Center. The recognition is for breast care centers that meet standards in leadership, clinical services, research, community outreach, professional education, and quality improvement for patients.



## Centers of Excellence for Alzheimer's Care

The New York State Department of Health named Albany Medical Center and Glens Falls Hospital as Centers of Excellence for Alzheimer's Disease. Each hospital provides diagnostic and consultative services to primary care providers to diagnose patients, develop comprehensive care plans, assist with patients in need of complex condition management, and provide referrals to specialty care providers. The recognition came with a \$2.35 million award to each hospital over a five-year period.

## National Accreditation Awarded for Cancer Care Services

The Commission on Cancer, a quality program of the ACS, granted a three-year accreditation to Albany Medical Center's Cancer Care Program. The recognition follows an examination of cancer care in line with 34 quality care standards set forth by the commission, as well as factors including the delivery of comprehensive, patient-centered care.



## Glens Falls Hospital Receives ARPA Funds for Crisis Stabilization Unit

A project to develop a 15-room crisis stabilization unit within the Glens Falls Hospital Emergency Department received \$1.9 million in funding from Warren County through the American Rescue Plan Act (ARPA). More than \$1.5 million in additional donations, including a \$500,000 donation from the Sheridan Foundation, will support construction of the space. The unit will be broken into two sections for adults, and children and adolescents.

## Expanding Access to Pharmacy Services for Patients, Communities

The opening of community and specialty pharmacy space at Glens Falls Hospital provided additional support to patients, caregivers, employees, and the community. Patients at both Glens Falls Hospital and Albany Medical Center now have access to additional support through a Specialty Pharmacy where they can seek information about medications and education regarding their treatment plans.

## Saratoga Hospital Expands Primary Care Space to Wilton Mall

Residents of Saratoga County seeking primary care now have access to expanded space for these services inside the Wilton Mall. Patients are able to receive primary care, as well as case management and mental health services, in a more easily accessible space inside the former mall. Primary care is the latest addition to the location, which was already home to Saratoga Hospital's wound care, podiatry, and health information services teams.









## Awards & Recognition

*Hudson Valley Magazine's Top Doctors 2022* list included **89 Albany Med Health System physicians**.

Eight System pediatric and primary care offices from **Albany Medical Center, Columbia Memorial Health,** and **Saratoga Hospital** received recognition in the *2022 CDPHP Top Doctors* report.

**Albany Medical Center** and **Saratoga Hospital** were named among the *Most Wired* hospitals in the nation by the College of Healthcare Information Management Executives (CHIME).

For their continued advocacy for organ, cornea, and tissue donation, **Albany Medical Center** and **Saratoga Hospital** were both recognized by the Lions Eye Bank at Albany with the Vision of Hope Award.

**Saratoga Hospital** (Grade A) and **Glens Falls Hospital** (Grade B) were recognized for patient safety in the *2022 Leapfrog Group's Hospital Safety Grades*. The hospitals ranked in the top 25 percent for New York state facilities.

*Newsweek* recognized **Saratoga Hospital** in its 2022 World's Best Hospitals list for the second straight year.

*City and State NY* included **Diana Mosquera, MD**, anesthesiologist and associate medical director at **Albany Medical Center**, on its 2022 Albany 40 Under 40 list.

The Academy on Violence and Abuse recognized **Megan Gerber, MD, MPH**, division chief, General Internal Medicine at **Albany Medical Center**, with the Vincent J. Felitti Distinguished Scholar Award.

**Rebecca Rogers, MD**, chair of the **Albany Medical Center** Department of Obstetrics and Gynecology, received the Thomas E. Nolan, MD, Distinguished Service Award from the Society of Gynecological Surgeons.

The *Albany Times Union 2022 Salute to Nurses* recognized nurses from each System hospital. They included: **Rachel Dente, RN** (Albany Medical Center); **Mary Geisel, RN** (Albany Medical Center); **Clifford Estaris, RN** (Albany Medical Center); **Kelly Jo Jarosz, RN** (Saratoga Hospital); **Rebecca Denofer, RN** (Saratoga Hospital); **Belinda Spinner, RN** (Glens Falls Hospital); and **Raymundo Mingua, RN** (Columbia Memorial Health).

**Glens Falls Hospital** honored four nurses with their *2022 Clinical Nurse of the Year* award: **Audrey Turner, RN, CPAN** (post-anesthesia care unit); **Gavin Seabury, RN** (emergency department); **Ron McMurry, RN-BC** (cardiac catheterization lab); and **Katie Winters, LPN** (Adirondack ENT practice).

The *Glens Falls Post-Star* named **Glens Falls Hospital** nurses **Dorian Cunniffe, RN; Judy Henry, RN; Barbara Whitehead, BSN, RN, CNI;** and **April Lomenzo, BSN, RN** in its *Nurses: The Heart of Health Care* recognition in celebration of National Nurses Week.



### James J. Barba Physicians Pavilion Dedicated

Recognizing his quarter-century of remarkable leadership, a major building at Albany Medical Center was officially named the James J. Barba Physicians Pavilion.

At a dedication ceremony in August, Barba, who serves as president emeritus, was feted as a “steadfast citizen of the Capital Region and a steward of the Medical Center, who led it for 25 years with intelligence, wisdom, vision, and a clear-eyed commitment to its mission.”

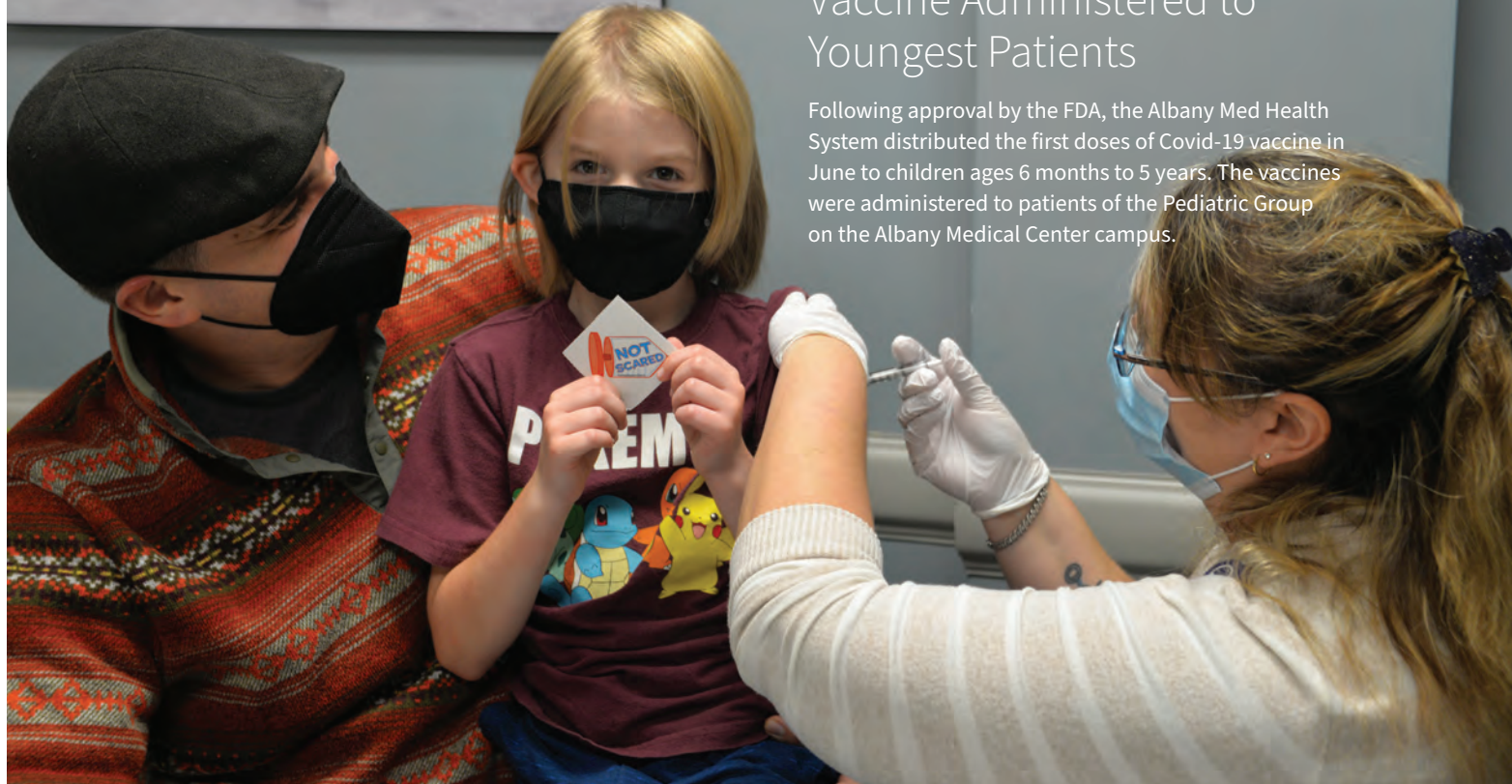
Barba was president and chief executive officer of Albany Medical Center from 1995-2020.





## First Doses of Covid-19 Vaccine Administered to Youngest Patients

Following approval by the FDA, the Albany Med Health System distributed the first doses of Covid-19 vaccine in June to children ages 6 months to 5 years. The vaccines were administered to patients of the Pediatric Group on the Albany Medical Center campus.



2022 brought the closure of the Covid-19 tent at Saratoga Hospital. More than 350,000 tests were conducted since March 2020.



## Patient Receives World's First FDA-Approved Heart Failure Device

Vascular surgeons at Albany Medical Center were the second team in New York State to implant a breakthrough device to treat patients who have had little to no success with other proven cardiac treatment options.

## Collaboration Brings Family Medicine Residency Program to Saratoga Hospital, Community Locations

Saratoga Hospital, Hudson Headwaters Health Network, and Albany Medical Center collaborated to bring a Family Medicine Residency Program to Saratoga Hospital. Six residents will spend three years completing rotations while caring for patients at both the Saratoga Community Health Center and the Hudson Headwaters Health Centers. Every year, about 500 medical residents receive training through Albany Medical College.



A new 24-hour inpatient dialysis service began at Saratoga Hospital in 2022. After recruiting trained staff and the development of policies, the service now provides coverage 24/7.

## In Memoriam



### Neil Lempert, MD '58 1933-2022

A pioneer of kidney transplantation in northeastern New York, Dr. Neil Lempert was a beloved surgeon, mentor, colleague, and friend. The 1958 graduate of Albany Medical College died in December at age 89. Among his accomplishments, Dr. Lempert founded Albany Medical Center's kidney transplant program in 1969. He received the Pillars Award, Albany Medical Center's highest honor, in 2010, and his legacy lives on through philanthropy and the establishment of the Neil Lempert Professor of Surgery position.



### Desmond DelGiacco, MD '76 1950-2022

A compassionate clinician with a passion for helping patients and colleagues, Dr. Desmond DelGiacco founded Saratoga Hospital's critical care medicine program. He began practicing at Saratoga Hospital in 1981 and quickly became one of its most beloved and respected physicians. A graduate of Albany Medical College, his legacy and contributions live on inside the Marylou Whitney and Desmond DelGiacco Intensive Care Unit at the hospital.



### Five-Year Grant Seeks to Detail COPD

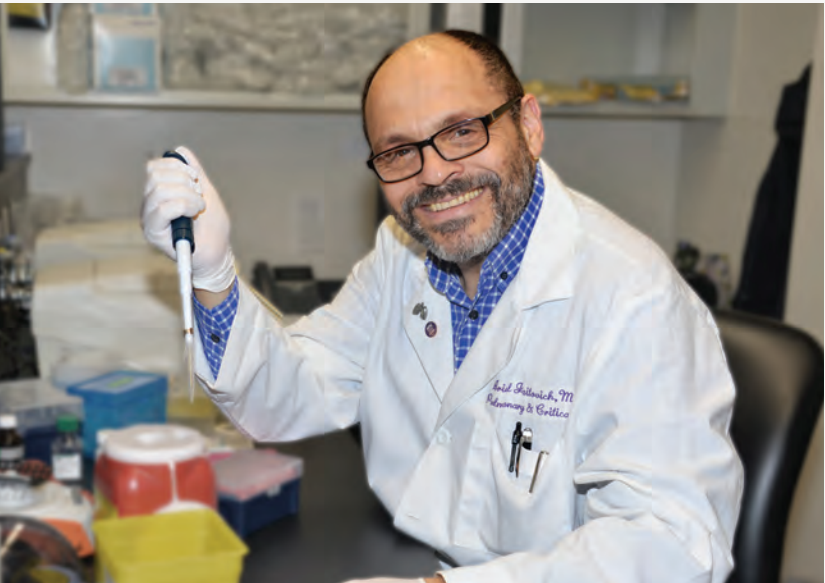
A \$2.8 million grant from the National Institutes of Health (NIH) supported Albany Medical College researchers and their study of how carbon dioxide and metabolism impact chronic obstructive pulmonary disorder (COPD).

COPD refers to a group of diseases, including emphysema and chronic bronchitis, that block airflow to the lungs and make it difficult to breathe.

Ariel Jaitovich, MD, a pulmonologist in Albany Medical Center’s Division of Pulmonary and Critical Care Medicine and an associate professor in the departments of Medicine and Molecular and Cellular Physiology at Albany Medical College, has been directing NIH-funded studies on COPD since 2016.

“People with COPD frequently have high levels of carbon dioxide in their blood as well as muscle dysfunction—that is, a loss of muscle strength and endurance—that’s associated with metabolism,” said Dr. Jaitovich.

With support from this new grant, awarded by the NIH’s National Heart, Lung, and Blood Institute, Dr. Jaitovich and his team are investigating the role of a particular mitochondrial enzyme (succinate dehydrogenase, or SDH) and the effects of elevated carbon dioxide on metabolism and COPD-related muscle weakness.



“We hope to learn how metabolism contributes to the long term effects of COPD-driven muscle dysfunction, which could eventually lead to the development of drugs that improve the quality of life for those suffering from this disease,” said Dr. Jaitovich.

According to the American Lung Association, more than 16.4 million Americans have been diagnosed with COPD, making it the third leading cause of death by disease.

### NIH Funding to Assist Study of Circadian Disruption, Effects on Health

Albany Medical College scientists were part of a multi-institution research team to receive \$3.2 million from the NIH to study why disruptions in circadian rhythms increase the risk of diabetes and heart disease. The five-year grant was awarded jointly to Albany Medical College and to researchers at the University of Pittsburgh and Icahn School of Medicine at Mount Sinai in New York City.



### Study Takes Closer Look at Movement of Cancer Cells

Scientists at Albany Medical College were awarded a \$2 million, five-year grant from the NIH to study how cancer cells move in confined spaces. Jeremy Logue, PhD, associate professor in the Department of Regenerative and Cancer Cell Biology and his team will seek to understand how cells move within confining environments to identify ways to prevent or slow the migration of cancerous cells.

### Research Seeks Development of Vaccine Against Plague

Wei Sun, PhD, associate professor in the Department of Immunology and Microbial Disease at Albany Medical College, is leading a study to provide fundamentals for the development of a vaccine to protect against current and future strains of plague. Dr. Sun and his team were awarded a \$3 million, five-year grant from the NIH.



The 184th Commencement ceremonies for Albany Medical College were held in April at the Saratoga Performing Arts Center, with 233 degrees awarded. The keynote speaker was Phil B. Fontanarosa, MD, MBA, the executive editor of the Journal of the American Medical Association.



In March, 142 Albany Medical College students learned where they will continue their medical training during Match Day.



# At the Heart of our Community for Generations

## Medical Supplies Donated for Ukrainian War Relief Efforts

Vadim Vaisman, DO, director of vascular anesthesiology at Albany Medical Center, and Gennady Bratslavsky, MD '00, chair of the Department of Urology at Upstate Medical University, led the collection of surgical gowns and gloves, N95 masks, and additional supplies, including isolation gowns contributed by Saratoga Hospital.

Similar donations of medical equipment and supplies for Ukrainian relief efforts were organized on the Columbia Memorial Health, Glens Falls Hospital, and Saratoga Hospital campuses.



Albany Medical College students volunteered their time to take part in the New Jerusalem Home of the Saved Church Community Block Party in September. The event, held in Albany's Sheridan Hollow neighborhood, also serves as a health fair with screenings and education.



Students in the kindergarten and early childhood program at the Doane Stuart School in Rensselaer participated in a teddy bear clinic hosted by Michael Weisberg, MD, regional medical director of Emergency Medicine at Columbia Memorial Health.



## High School Students Receive Introduction to Emergency Health Care

Representatives from Albany Medical Center's emergency department hosted area high school students for a three-day EMmerision Boot Camp, which introduced the teens to a variety of potential career choices in the health care industry within clinical and non-clinical settings.



## "Pink Ladies" Support Medical Equipment Purchases at Columbia Memorial Health

Since its inception in 1953, the all-volunteer Columbia Memorial Health Auxiliary has donated more than \$1.5 million to CMH and provided tens of thousands of volunteer hours. In 2022, the Auxiliary donated \$70,000 for the purchase of essential medical equipment, including an EKG machine for the emergency department and a transport monitor for post-surgical patients.



Saratoga Hospital staff and Albany Medical College students took part in Saratoga County's NARCAN training day in August, dispensing 93 NARCAN kits across seven locations. Twenty kits were also provided to the Jessup's Landing EMS Squad.



During National Farm to School Month in October, the Health Promotion Center of Glens Falls Hospital's Creating Healthy Schools and Communities program assisted local schools, like Johnsburg Central School District, to implement their own farming practices to provide food for their cafeterias.





## Local Family Endow First System Distinguished Chair

A significant gift from John Picotte and his family endowed The John D. Picotte Family Distinguished Chair in Leadership, the first endowment agreement that will benefit the entire Albany Med Health System. Dennis P. McKenna, MD, President and CEO of the Albany Med Health System, is the inaugural recipient of the Chair.

The multi-million dollar endowment will fund critical areas throughout the System at the direction of Dr. McKenna.

“I look forward to witnessing the impact of this Chair as it becomes a catalyst for Systemwide innovation and advancement,” said System Board chair Robert Cushing.

The Picotte Chair celebrates John Picotte’s long and loyal service on the Albany Medical Center Board. Picotte is the chairman of the Picotte Companies, a highly successful commercial real estate management business headquartered in Albany.

“By donating this extraordinary gift, John and his family demonstrate their dedication to philanthropy, and once again, lead the way with their exemplary leadership in the community,” said Dr. McKenna.

Photo from left: John Picotte, Maggie Hines Picotte, and Dr. Dennis P. McKenna



ALBANY MED Health System

The **Albany Medical Center Foundation** exceeded fundraising goals in 2022, buoyed by substantial donations of all sizes, signature events that set fundraising records and a generous community that understands the value of the medical center to the region and supports our efforts to remain at the leading edge of health care, medical education, and biomedical research.

Visit the Albany Medical Center Foundation:



The **Columbia Memorial Health Foundation** is improving the patient experience by supporting efforts to provide high-quality, comprehensive health care services to our communities. Generous gifts have helped CMH purchase equipment that provides critical care and imaging and have supported the newly opened Center for Breast Health, which offers comprehensive breast cancer screenings, imaging and more.

Visit the Columbia Memorial Health Foundation:



In 2022, the **Glens Falls Hospital Foundation** donors helped to bring the latest tools and technology to Glens Falls Hospital and provided vital support for a new Behavioral Health Crisis Center, programmatic support for Palliative Care to help chronically ill patients experience a better quality of life, as well as support for a future project to reimagine our Emergency Department. We are very fortunate to have a generous community that values high quality health care and we are deeply appreciative.

Visit the Glens Falls Hospital Foundation:



Thanks to our generous community, the **Saratoga Hospital Foundation** continues its commitment to ensure that resources are not an obstacle to excellence in health care. In 2022, the Foundation saw an increase in giving as part of its annual appeal. Donor gifts supported the addition of two operating rooms inside the hospital, bringing the total number on the Saratoga campus to 12. The Grateful Patient Program was launched to give patients a chance to show their appreciation for the expert, compassionate care they received.

Visit the Saratoga Hospital Foundation:



The **Visiting Nurses Foundation** aids and assists the work of the Visiting Nurses Association by helping patients who often have no other resources. Throughout 2022, the Foundation continued to assist with bed lifts, grab bars, wheelchair ramps, and other forms of assistance that improved the safety and independence of many of the more than 3,000 patients served by the organization.

Visit the Visiting Nurses Foundation:







The 39th annual *Dancing in the Woods*, held in December in Menands, raised money for the Melodies Center for Childhood Cancer and Blood Disorders at the Bernard & Millie Duker Children’s Hospital.



The Columbia Memorial Health Foundation’s *Annual Ball*, held in June at the Locust Hill Barn, reunited hundreds of CMH benefactors and friends to raise money to support CMH’s network of health care services in Columbia, Greene and Dutchess counties.



The popular *Savor* event, hosted by the Glens Falls Hospital Foundation, returned in 2022. Friends and supporters enjoyed a night of delectable food and drink from area chefs, all to benefit the hospital’s mission of providing access to high quality care.



The 14th Annual *Cantina Kids Fun Run* drew more than 900 participants and raised money to support children’s health care at Saratoga Hospital.



130 golfers from across the region took to the fairways at the Columbia Golf and Country Club in August to break a fundraising record for Columbia Memorial Health’s *Annual Golf Tournament*. Funds raised support CMH’s network of health care services in Columbia, Greene, and Dutchess counties.



Generous supporters attended the 40th annual Saratoga Hospital *Gala* in August, raising money to support the Saratoga Community Health Center. The Center provides primary care, dental, behavioral health, and addiction medicine services to community members, regardless of their finances or insurance coverage.



The 24th annual *Cares for Kids Radiothon* was held in May to support programs and services at the Bernard & Millie Duker Children’s Hospital. The 25-hour live radio broadcast took place at the hospital with hosts from iHeartMedia Albany and nearly 100 volunteers answering calls and processing donations.







Albany Med Health System | 2022 Annual Report statistics

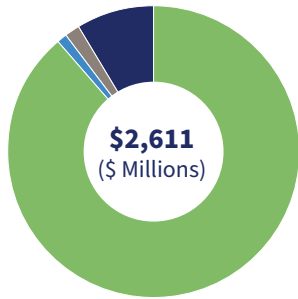
Hospital & Patient Care	
Licensed beds	1,520
Patient admissions	60,495
Patient days	366,023
Observation cases	11,627
Observation days	16,028
Outpatient visits	2,635,494
Average length of stay (days)	5.99
Average daily census	998.0
Surgical cases	49,499
Emergency department visits	181,981
Visiting Nurses Visits	43,340
Licensed Home Care Hours	411,838
Employees	16,336

Faculty	
Full-time physicians	898
Residents	498
Basic science faculty:	108
Full-time	71
Part-time	1
Volunteer	22
Emeritus	14

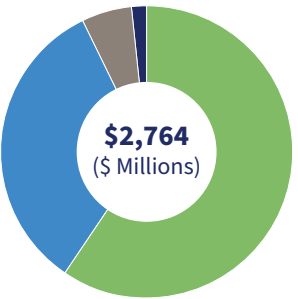
Graduate Studies	
Graduate students (total enrollment)	272

Medical College	
Medical students (total enrollment)	565
Freshmen	145
Average GPA (of incoming freshmen)	3.6
Medical school applications	13,248

Research Funding (\$ millions)	
Total sponsored research	\$16.6
Basic science	\$13.2
Clinical science	\$3.4
Active awards	354
Peer reviewed publications	625



Unrestricted Revenues (\$ millions)			
Patient/service	\$2,318	88.78%	
Gifts/grants	\$29	1.11%	
Tuition and fees	\$43	1.65%	
Other revenue	\$221	8.46%	
<b>Total revenue*</b>	<b>\$2,611</b>	<b>100%</b>	



Unrestricted Expenses (\$ millions)			
Salaries and benefits	\$1,650	59.70%	
Supplies/purchased services	\$918	33.21%	
Depreciation and Interest	\$152	5.5%	
Other expense	\$44	1.59%	
<b>Total expenses</b>	<b>\$2,764</b>	<b>100%</b>	

\*Total revenue does not include CARES or DSRIP funding.





ALBANY MED Health System

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**[albanymed.org](http://albanymed.org)**