



**EARLY STAGE SUPPORT GROUP—** THIS GROUP IS INTENDED FOR THOSE IN THE EARLY PHASES OF MILD COGNITIVE IMPAIRMENT, ALZHEIMER'S DISEASE OR OTHER FORMS OF DEMENTIA AND THEIR CARE PARTNERS

**Presented by:**  
**Alzheimer's Association**  
**Northeastern New York**

**FACILITATORS** Lindsay Stanislawsky and Gwen Rowland

**DATE** Third Thursday of the month

**TIME** 10:00AM-11:30AM

**ADDRESS** "STRIVE" 4255 Route 50 Saratoga Springs, NY 12866

**To register** contact Tony Rivera at 518-675-7214 or [tarivera@alz.org](mailto:tarivera@alz.org)

**\*All Participants must be pre-screened for this group\***

**Build a support system with people who understand.**

Alzheimer's Association® support groups, conducted by trained facilitators, are a safe place for people living with dementia and their care partners to:

- Develop a support system.
- Exchange practical information on challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.