



Pathology Department

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Directions for Collecting Urine Specimens for Cytology

1. Use the 3 plastic containers with Cytolyt Fixative provided either by the Doctor's office or the Glens Falls Hospital Laboratory to collect (1) sample each day.
2. Collect (1) urine sample per day, **the second time you urinate that day.** This can be done by urinating directly into the container, or into a paper cup and immediately transferring the specimen to the container.
3. Each day of the collection, use a new container. **It is very important to write your name and the date you collected the urine sample on the container label.**
4. **Do not** put the container(s) with the urine samples in the refrigerator.
5. After you have collected all three urine samples, bring the containers to the hospital with your lab slip.
6. Be sure to call ready registration prior to bringing the containers to the hospital. (926-5300 or 1-800-761-8031).
7. If you have any questions about collecting or delivering the specimens, please call the Cytology Laboratory between the hours of 8a-4p Monday-Friday. Our number is 926-3830.

10/20/06
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