



Pathology Department

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Instructions for a 24 hour Urine Collection

Your Physician requested that you submit a 24 hour urine collection for testing. A 24 hour collection involves saving all urine which the kidneys produce during a 24 hour period.

The Container

1. You will be given the proper container for collection.
2. Some tests require that a preservative be added to the container prior to collection.
3. Your container will indicate what type of preservative, if any has been added.

Starting the Collection

1. To start the collection, you must empty your bladder and discard this specimen.
2. Write the date and time on your collection container. This will be the start of your 24 hour collection.

During the Collection

1. All urine is saved during the next 24 hour period.
2. Do not void directly into the container
3. Please void into a clean bottle, jug etc., then pour the specimen into the 24 hour collection container.
4. CAUTION: An acid preservative may have been added to the container. The acid may splash on you and cause a burn if you void directly into the container. NOTE: Should you accidentally get acid onto your skin, wash the area with large amounts of water immediately.
5. Throughout the 24 hour collection, store the container in the refrigerator or on ice.
6. If any specimen is lost, the test results will not be valid for the 24 hour collection.

Ending the Collection

1. At precisely the same time 24 hours after the collection started, empty your bladder one final time and add this to the collection container.
2. Write the time and date on the container when the collection was finished.
3. Make sure that your name also appears on the label.
4. Refrigerate the container until it can be brought back to the lab.